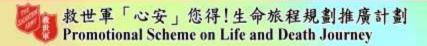
## Perspectives on End-of-life Care Planning of Elders in Residential and Community Settings: Hong Kong Experience

So-wah LAM, Kin-wai WONG, Siu-fan LI The Salvation Army





#### Promotional Scheme on Life & Death Journey

Period : July 2011 to June 2014 (three years) Objectives :

- 1. To foster positive attitude towards death among elders, their family members and caregivers;
- 2. To facilitate the <u>communication between elders and their</u> <u>family members</u> so that the latter can get involve in the process of the former's death preparation;
- 3. To provide <u>necessary support</u> for the needy elders particularly those with limited or without family support, in accomplishing their personal life and death journey plan.

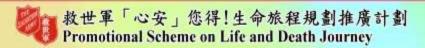


#### Life and Death Educational Programme

 Developing elders positive attitudes towards life and death issue, and formulating their personal life and death journey plan.









#### **Education Seminar and Family Workshop**

- Focusing on communication skills and information about life and death issue;
- Visitation for caregivers and elders to enhance their competency and confidence to prepare for death.





### **Life Navigator Support Service**

Assisting elders without family support to in accomplishing their life and death journey plan through visits by Life Navigators







#### **Bereavement Care**

- Render individual and group bereavement counselling service rendered in order to

   Reduce their grief and pain;
  - Deal with the difficulties of daily living and adjustment problem induced by bereavement.







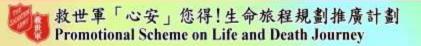


### Since 2011.....

- The project has been serving over 2,000 elders in both the community and residential care settings;
- Six-session educational group : advance directives, knowledge of funeral arrangements, communication skills with family members and life appreciation.

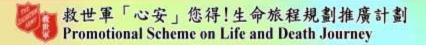
節數	主題	AM I
第一節	開放自己、大談生死	
第二節	享受生命、及時叮囑	
第三節	面對臨終、安心預囑	
第四節	家人溝通、預備遺囑	
第五節	「為生命鼓掌之旅」戶外活	·動
第六節	欣賞成果、心安無憾	







### **Residential Care Homes**

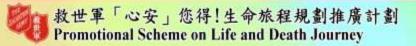




# From July 2011 to June 2013

- Over 200 elders 7 aged homes participated in the groups;
- Eager to share their views on palliative care and other medical treatments (e.g., DNR and tube feeding);
- Advance care planning was the first priority concern;
- More readiness and intention to learn about how to have a 'good death'.







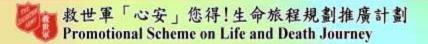
Recommendation on the Roles of Service Providers

- Advanced directives can be widely carried out in residential care setting;
- Staff in residential home can perform a bridge between elders and their families, especially on advance care planning
- Providing different platforms and opportunities to involve community-dwelling elders to share their view of life and death.



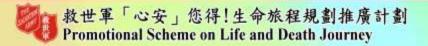


# Service Enquiry Telephone: 2651 1698











### **Thank You**

